Expressions (methafilcon A) Soft (Hydrophilic) Contact Lenses are available as spherical lenses. The lens material, methafilcon A, is a random copolymer of hydroxyethylmethacrylate and methacrylic acid. The lenses are made by modifying the uncured methafilcon A lens by affixing a colored pigment on that portion of the front surface that corresponds to the iris. The colored pigments consist of carbazole violet, chromium oxide green, dihydrodiphto brown, dihydrodiphto yellow, phthalocyanine green, iron oxide red, iron oxide brown, iron oxide black, phthalocyanine blue, and titanium oxide.

Expressions are hemispherical shells with the following dimensions:

- Diameter: 14.2mm to 15.0mm
- Base Curve: 8.8mm to 9.5mm
- Center Thickness: 0.055mm to 0.065mm (varies with power)
- Lens Powers: -20.00 to +20.00

The physical/optical properties of Expressions are:

- Refractive Index: 1.44
- Light Transmittance: >96%
- Surface Character: Hydrophilic
- Water Content: 55%
- Oxygen Permeability: 19.7 x 10^-10 cm³/sec (mO2) x mmHg at 35°C (Fatt method for determination of oxygen permeability)

Call our Customer Service department at (800) 341-2020 for current availability

Expressions (methafilcon A) Soft (Hydrophilic) Contact Lenses may be prescribed for Frequent/Planned Replacement Wear.

The potential impact of these factors on the patient’s ocular health should be carefully weighed against the patient’s need for refractive correction; therefore, the continuing ocular health of the patient and lens performance on the eye should be carefully monitored by the prescribing eye care practitioner.

- Aphakic patients should not be fitted with Expressions until the determination is made that the eye has healed completely.
- Fluorescein, a yellow dye, should not be used while the lenses are on the eyes. The lenses absorb this dye and become discolored. Whenever fluorescein is used in eyes, the eyes should be flushed with a sterile saline solution that is recommended for in-eye use.
- Before leaving the eye care practitioner’s office, the patient should be able to promptly remove the lenses or have someone else available who can remove the lenses for him or her.
- Eye care practitioners should instruct the patient to remove the lenses immediately if the eye becomes red or irritated.

Eye care practitioners should carefully instruct patients about the following care precautions and safety recommendations:

- Different solutions cannot always be used together, and not all solutions are safe for use with all lenses. Use only recommended solutions.
- Never use solutions recommended for conventional hard contact lenses.
- Do not use tints or dyes or anything other than the recommended solutions for lubricating or wetting lenses.
- Always keep the lenses completely immersed in the recommended storage solution when the lenses are not being worn (stored). Prolonged periods of drying may damage the lenses. Follow the lens care directions for Care for a Dried Out (Deterhydrated) Lens if lens surface does become dried out.
- If the lens is to be worn while moving on the eye, follow the recommended directions on Care for a Sticking Lens. The lens should move freely on the eye for the continued health of the eye. If movement of the lens continues, the patient should be instructed to immediately consult his or her eye care practitioner.

If the patient notices any of the above, he or she should be instructed:

- Immediately remove the lenses.
- If the discomfort or problem stops, then look closely at the lens. If the lens is in any way damaged, do not put the lens back on the eye. Place the lens in the storage case and contact the eye care practitioner. If the lens has dirt, an eyelash, or other foreign body on it, or the problem stops and the lens appears undamaged, the patient should thoroughly clean, rinse, and disintegrate both lenses; then reinset them. After reinserter, if the problem continues, the patient should immediately remove the lenses and consult the eye care practitioner.

When any of the above problems occur, a serious condition such as infection, corneal ulcer, neovascularization, or iritis may be present. The patient should be instructed to keep the lens off the eye and seek immediate professional identification of the problem and prompt treatment to avoid serious eye damage.

Fitting

Conventional methods of fitting contact lenses apply to Expressions. For a detailed description of the fitting techniques, refer to the Expressions Professional Fitting and Information Guide, copies of which are available from CooperVision.

711 North Rd.
Scottsville, NY 14546
(800) 341.2020
WEARING SCHEDULE

The wearing and replacement schedules should be determined by the eye care practitioner. Patients tend to over wear the lenses initially. The eye care practitioner should emphasize the importance of adhering to the initial maximum wearing schedule. Regular checkups, as determined by the eye care practitioner, are also extremely important.

CooperVision recommends that the Expressions be discarded and replaced with a new lens on a frequent replacement basis. The eye care practitioner is encouraged to determine an appropriate lens replacement schedule based upon the response of the patient.

DAILY WEAR: (less than 24 hours, while awake). The maximum suggested wearing time is:

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
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<tbody>
<tr>
<td>1</td>
<td>6</td>
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<tr>
<td>2</td>
<td>8</td>
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<tr>
<td>3</td>
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<td>4</td>
<td>12</td>
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<tr>
<td>5</td>
<td>14</td>
</tr>
<tr>
<td>6</td>
<td>All Waking Hours</td>
</tr>
</tbody>
</table>

EXTENDED WEAR: (greater than 24 hours, including while sleeping). The wearing schedule should be determined by the eye care practitioner for each individual patient, based upon a full examination and patient history as well as the practitioner’s experience and professional judgement. CooperVision recommends beginning extended wear patients with the recommended initial daily wear schedule, followed by a period of daily wear, and then gradual introduction of extended wear one night at a time, unless individual considerations indicate otherwise. The eye care practitioner should examine the patient in the early stages of extended wear to determine the corneal response. The lens must be removed, cleaned and disinfected or disposed of and replaced with a new lens, as determined by the eye care practitioner. (See factors discussed in the WARNINGS section). Once removed, a lens should remain out of the eye for a period of rest overnight or longer, as determined by the eye care practitioner.

CARE FOR A DRIED OUT (DEHYDRATED) LENS

If an Expressions Contact Lens is exposed to air while off the eye, it may become dry and brittle and need to be rehydrated. If the lens is adhering to a surface, apply sterile saline solution before handling.

To rehydrate the lens:
- Handle the lens carefully.
- Place the lens in its storage case and soak the lens in a recommended rinsing and storage solution for at least one hour until it returns to a soft state.
- Clean the lens first, then disinfect the rehydrated lens using a recommended lens care system.
- If after soaking, the lens does not become soft, if the surface remains dry, the lens should not be used unless it has been examined by the eye care practitioner.

CARE FOR A STICKING (NONMOVING) LENS

If the lens sticks (stops moving or cannot be removed), the patient should be instructed to apply 2-3 drops of the recommended lubricating or rewetting solution directly to the eye and wait until the lens begins to move freely on the eye before removing it. If nonmovement of the lens continues more than 5-10 minutes, the patient should immediately consult the eye care practitioner.

EMERGENCIES

The patient should be informed that if chemicals of any kind (household products, gardening solutions, laboratory chemicals, etc.) are splashed into the eyes, the patient should FLUSH EYES IMMEDIATELY WITH TAP WATER AND IMMEDIATELY CONTACT THE EYE CARE PRACTITIONER OR VISIT A HOSPITAL EMERGENCY ROOM WITHOUT DELAY.

HOW SUPPLIED

Each lens is supplied sterile in a blister pack containing sterile buffered isotonic saline solution. The blister pack is labeled with the base curve, diameter, dioptric power, color, manufacturing lot number, and expiration date of the lens.

DO NOT USE IF THE BLISTER IS DAMAGED OR SEAL IS BROKEN

REPORTING OF ADVERSE REACTIONS

All serious adverse experiences and adverse reactions observed in patients wearing any Expressions or experienced with the lenses should be reported to:

CooperVision
711 North Road
Scottsville, NY 14546
Product Services
1.800.341.2020
www.coopervision.com

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