



**Please read carefully and keep this package insert for further use**

**Lite**<sup>™</sup>  
MULTIPURPOSE SOLUTION

**CLEANS, RINSES, DISINFECTS, REMOVES PROTEIN, STORES AND CONDITIONS SOFT (HYDROPHILIC) CONTACT LENSES INCLUDING SILICONE HYDROGEL LENSES**

**TAMPER RESISTANT: PRODUCT IS FILLED IN A BOTTLE WITH A TAMPER EVIDENT RING THAT BREAKS WHEN THE LID IS TURNED COUNTER CLOCKWISE. DO NOT USE IF THE RING IS BROKEN**

**CONTENTS:**

A sterile, isotonic solution that contains poloxamer, sodium phosphate buffer, sodium chloride, and disodium edetate; preserved with polyhexanide 0.0001%. Contains no chlorhexidine or thiomersal.

**ACTIONS:**

Cleans, loosens and removes accumulations of film, deposits and debris from soft contact lenses. Destroys harmful microorganisms on the surface of the lens. Rinses, stores and conditions soft (hydrophilic) contact lenses including silicone hydrogel lenses before the lenses are placed on the eye.

**INDICATIONS (USES):**

LITE MULTIPURPOSE SOLUTION is indicated for use in daily cleaning, rinsing chemical (not heat) disinfection and storage of soft (hydrophilic) contact lenses including silicone hydrogel lenses as recommended by your eye care professional.

**CONTRAINDICATIONS (Reasons not to use):**

If you are allergic to any ingredient in the LITE MULTIPURPOSE SOLUTION, DO NOT use.

**WARNINGS and PRECAUTIONS:**

**PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS COULD RESULT IN SERIOUS INJURY TO THE EYE.**

It is essential that you follow your eye care professional's directions and all labelling instructions for proper use and care of your lenses and lens care products, including the lens case. Eye problems, including corneal ulcers, can develop rapidly and lead to loss of vision. Daily wear lenses are not indicated for overnight wear and should not be worn while sleeping.

Clinical studies have shown the risk of serious adverse reactions is increased when these lenses are worn overnight. Extended wear lenses should be regularly removed for cleaning and disinfection or for disposal and replacement on the schedule prescribed by your eye care professional. Clinical studies have shown that there is an increased incidence of serious adverse reactions in extended wear contact lens users as compared to the daily wear contact lens users. Studies have also shown that the risk of serious adverse reactions



CooperVision®

increases the longer extended wear lenses are worn before removal for cleaning and disinfection or for disposal and replacement. Clinical studies have also shown that smokers have a high incidence of adverse reactions. If you experience eye discomfort, excessive tearing, vision changes, or redness of the eye, immediately remove your lenses and promptly contact your eye care professional. All contact lens wearers should see their eye care professional as directed.

You should follow the complete recommended lens rubbing and rinsing times in the product labeling to adequately disinfect your lenses and reduce the risk of contact lens contamination. Reduced rubbing or rinsing time may not adequately clean your lenses.

You should fill your lens case with fresh solution every time you store your lenses, and never “top-off” or re-use solution. You should discard your solution immediately after your lenses have been removed from the lens case. You should not expose or store your lenses in or rinse your lens case with any water, such as tap, bottled or distilled, or with any non-sterile solution.

Clean, rinse and air-dry your lens case each time you remove your lenses. In order to permit excess solution to drain, you can flip over your lens case while air drying. Replace your lens case frequently, depending upon your hygiene habits.

Failure to discard solution from lens case after each use or use of water to care for your lenses may lead to contamination resulting in eye injury and potential loss of vision. See accompanying instructions for additional important safety information.

- Do not wear the lenses unless you have allowed them to soak for at least six (6) hours in LITE MULTIPURPOSE SOLUTION as directed.
- Do not reuse or “top off” old solution left in your lens case since solution reuse reduces effective lens disinfection and could lead to severe infection, vision loss or blindness. “Topping-Off” is the addition of fresh solution to solution that has been sitting in your case. Always discard the remaining solution from the lens case
- Do not use with heat (thermal) disinfection systems
- Never reuse LITE MULTIPURPOSE SOLUTION. Always discard the remaining solution from the lens case
- Store at room temperature
- Use before the expiration date marked on the carton and bottle
- Keep the bottle tightly closed when not in use
- Keep out of reach of children
- To avoid contamination, do not touch tip of container to any surface. Replace cap after use.
- To avoid contaminating your solution, do not transfer solution to other bottles or containers

**ADVERSE REACTIONS (Problems and what to do):**

The following problems may occur: eyes sting, burn or itch (irritation), comfort is less than when lens was first placed on the eye, feeling of something in the eye (foreign body, scratched area), excessive watering (tearing) of the eye, unusual eye secretions, redness of the eye, reduced sharpness of vision (poor visual acuity), blurred vision, rainbows or halos around objects, sensitivity to light (photophobia), or dry eyes.



If you notice any of the above:

**IMMEDIATELY REMOVE YOUR LENSES**

- If the discomfort or problem stops, then look closely at the lens.
- If the lens is in any way damaged, **DO NOT** put the lens back on your eye. Place the lens in the storage case and contact your eye care professional
- If the lens has dirt, an eyelash, or other foreign body on it, or the problem stops and the lens appears undamaged, thoroughly clean, rinse and disinfect the lens, then reinsert it.
- If the problem continues, **IMMEDIATELY** remove the lens and consult your eye care professional.

If any of the above symptoms occur, a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. Seek immediate professional identification of the problem and prompt treatment to avoid serious eye damage. Please bring your lenses, solutions and lens case with you.

All adverse reactions observed while using should be reported to:  
CooperVision, Inc.  
711 North Road Scottsville, NY 14546 USA  
1-800-341-2020

**DIRECTIONS FOR USE:**

To open bottle, turn cap counter clockwise. The cap has a tamper evident ring that breaks when it is turned counter clockwise. Do not use if the ring is broken before the first use. Replace cap after use.

To obtain cleaning and disinfection the following steps must be completed:

**STEP 1: DAILY CLEAN**

Place 3 drops of LITE MULTIPURPOSE SOLUTION on each side of your right contact lens. Rub for 10 seconds. No separate daily cleaner necessary.

**STEP 2: RINSE**

Thoroughly rinse each side of your right lens for 5 seconds with fresh LITE MULTIPURPOSE SOLUTION

Place your lenses in an approved contact lens case as advised by your eye care professional.

Rub and rinse your lenses for the recommended amount of time to help prevent serious eye infections. Repeat steps with your left lens.

**STEP 3: SOAK**

Using an approved lens case add enough fresh multipurpose solution to cover your lenses. Soak for at least 6 hours, for disinfection, cleaning, protein removal and conditioning. Rinse each side of the lens with fresh multipurpose solution prior to insertion.

Only when all the above steps are completed are your lenses ready to wear.



CooperVision\*

If not wearing the contact lenses immediately, store in unopened lens case. Do not store your lenses in ordinary saline in the place of LITE MULTIPURPOSE SOLUTION. Saline solution will not disinfect contact lenses.

### **GOOD LENS CARE PRACTICES**

- Always wash and rinse your hands before handling your lenses. This will help to prevent eye infections by removing dirt and oils that could get on the lenses.
- Use only the solutions recommended by your eye care professional. Seek advice from your eye care professional before making any changes to your care regimen to ensure compatibility with lenses.
- Always follow the directions for use in the labelling included with each solution as instructions may be different for each solution.
- Never use water, saline solution, or rewetting drops to disinfect your lenses. These solutions will not disinfect your lenses. Not using the recommended disinfectant can lead to severe infection, vision loss or blindness.
- Clean, rinse and disinfect your lenses each time you remove them.
- Always handle the same lens, the left or the right, first in order to avoid mix-ups
- Use only fresh multi-purpose (contact lens disinfecting) solution each time you soak (store) your lenses.
- Do not expose your contact lenses to water while you are wearing them. Water can harbor microorganisms that can lead to severe infection, vision loss or blindness. If your lenses have been submersed in water such as when swimming in pools, lakes, or oceans, you should discard them and replace them with a new pair. Ask your eye care professional for recommendations about wearing your lenses during any activity involving water.

### **LENS CASE CARE**

Instruction for Use:

Rinse your lens case with sterile contact lens LITE MULTIPURPOSE SOLUTION (never use tap water) and leave the lens case open to dry after each use. Turn the case over and shake any excess solution out of the case. Be sure that no residual solution remains in the case before you allow it to air dry.

Replace your lens case at least once every three months. Contact lens cases can be a source of bacterial growth.

### **WARNING:**

Do not store your lenses or rinse your lens case with water or any non-sterile solution. Only use fresh multi-purpose solution (or sterile saline solution) so you do not contaminate your lenses or lens case. Use of non-sterile solution can lead to severe infection, vision loss or blindness.

### **DISCARD DATE**

Discard contents of the bottle 3 months after opening. Using your multi-purpose solution beyond the discard date could result in contamination of the solution and can lead to severe infection, vision loss or blindness.

### **HOW SUPPLIED:**



CooperVision®

LITE MULTIPURPOSE SOLUTION is available for purchase in cartons:  
of either:

1 x 4 fl oz (1x 118ml)

or

3 x 9 fl oz (3 x 266ml)

Bottles and cartons are marked with a lot number and expiration date.

PRODUCT INFORMATION: TOLL -FREE: 1-855-5-COOPER or 1-855-526-6737

Manufactured in the UK for:

CooperVision, Inc.

711 North Road

Scottsville, NY 14546 USA

1-800-341-2020