



SCREEN TIME IMPACTING YOUR EYES?¹

In today's "always on" world,
digital devices are everywhere you turn.

SIGNS YOUR EYES COULD BE IMPACTED FROM DIGITAL DEVICE USE:



Eye tiredness



Eye dryness

Additional signs screen time is impacting your eyes:¹

- ✓ Eye irritation
- ✓ Eye burning
- ✓ Eye strain or soreness
- ✓ Blurry/double vision
- ✓ Headaches
- ✓ Teary/watery eyes
- ✓ Text moving/floating



**Ask us about CooperVision MyDay Energys®
and Biofinity Energys® contact lenses—**
designed to help address eye tiredness and dryness
associated with digital device use.²

Schedule an appointment today.

Eye Care Practitioner Name
Practice Name
Street Address
City, State, Zip
Phone #
Web Address

1. "Computer Vision Syndrome" American Optometric Association. 2. CVI data on file 2024.