Contact Lens Wear and Coronavirus
5 Facts You Need to Know During the COVID-19 Pandemic

The results of a new scientific review by five prominent ocular researchers provide clear advice for contact lens wearers.1

You Can Keep Wearing Your Contact Lenses

There is currently no scientific evidence that contact lens wearers have an increased risk of contracting COVID-19 compared with glasses wearers. Consult your eye care professional with questions.

Good Hygiene Habits are Critical

Thorough handwashing and drying are essential, as well as properly wearing and caring for contact lenses, ensuring good contact lens case hygiene, and replacing cleaning solutions with soap and water. Those habits can help you stay healthy and out of your doctor’s office or hospital.

Regular Glasses Do Not Provide Protection

No scientific evidence supports rumors that eyeglasses offer protection against COVID-19, reported investigators from the U.S. Centers for Disease Control and Prevention (CDC).

Keep Unwashed Hands Away from Your Face

Whether you wear contact lenses, glasses, or are in need of vision correction, avoid touching your face, make sure to wash your unwashed hands, consistent with world health organization (WHO) and CDC recommendations.

If You Are Sick, Temporarily Stop

Contact lens wearers who are ill should temporarily switch to wearing glasses. You can resume use with fresh, new contact lenses and new cases once you return to full health.

Learn More: COVIDEyeFacts.org