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## MyDay® daily disposable multifocal

Base Curve	8.4 mm
Diameter	14.2 mm
Power Range	+8.00D to -10.00D (0.25D steps) -10.50D to -12.00D (0.50D steps)
Add Power Low	(+0.75D to +1.25D spectacle Rx add) Med (+1.50D to +1.75D spectacle Rx add) High (+2.00D to +2.50D spectacle Rx add)
Material	stenfilcon A
Dk/t (at -3.00D)	100 x 10 <sup>-9</sup>
Water Content	54%
Visible Tint	Yes
FDA Class	Group 5
UV Blocking*	85% UVA/96% UVB

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## Clinical Tips



- When determining spectacle Rx add, consider patient's main lifestyle vision needs (handheld device or other reading material, desktop computer, etc.).
- Prescribe maximum plus power for binocular distance vision; do not over minus.
- Use loose handheld lenses or flipper for over-refractions. Do not use a phoropter.
  - If distance vision needs to be enhanced, offer  $\pm 0.25D$  to the dominant eye. If distance vision improves, check that near vision is maintained. Adjust the lens sphere power as applicable for the dominant eye. **DO NOT CHANGE ADD POWER.**
  - If near vision needs to be enhanced, offer  $\pm 0.25D$  to the non-dominant eye. If near vision improves, check that distance vision is maintained. Adjust the lens sphere power as applicable for the non-dominant eye. **DO NOT CHANGE ADD POWER.**

MyDay®  
daily disposable multifocal  
fitting guide

OptiExpert™  
Contact Lens  
Calculator

Hey, presbyopia.  
Meet your match.



CooperVision®



Featuring CooperVision®  
Binocular Progressive System™

## Initial Lens Selection

**Step 1** Using up-to-date spectacle prescription, determine spherical equivalent distance power (corrected for vertex distance).

**Step 2** Determine distance eye dominance with +1.00D blur method; if inconclusive, determine dominance with sighting method.

**Step 3** Select distance sphere power for each eye with add powers as indicated below.

INITIAL CONTACT LENS SELECTION		
Spectacle Rx Add	Dominant Eye	Non-Dominant Eye
+0.75D to +1.25D	LOW	LOW
+1.50D to +1.75D		MED
+2.00D to +2.50D		HIGH

## Vision Assessment

- Allow patient to experience lenses for 10 to 15 minutes in “real world” (outside exam room) before assessing vision.
- Check patient’s vision with both of their eyes open and ROOM LIGHTS ON.
- Assess vision at different viewing distances.
  - For **distance vision**, assess in surrounding environment under normal lighting conditions.
  - For **near vision**, assess using handheld device or other reading material.
- If acceptable, dispense trial lenses.
- If not acceptable, follow the lens optimization steps described to the right.

## Lens Optimization



Have patient keep both eyes open and use handheld lenses or a flipper; do not use a phoropter.

DISTANCE VISION ENHANCEMENT	
	For Dominant Eye
Adjustment Steps	±0.25D

NEAR VISION ENHANCEMENT	
	For Non-Dominant Eye
Adjustment Steps	±0.25D

DO NOT CHANGE ADD POWER.