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## MyDay® daily disposable multifocal

| | |
|---|---|
| Base Curve | 8.4 mm |
| Diameter | 14.2 mm |
| Power Range | +8.00D to -10.00D (0.25D steps)<br>-10.50D to -12.00D (0.50D steps) |
| Add Power | Low (+0.75D to +1.25D spectacle Rx add)<br>Med (+1.50D to +1.75D spectacle Rx add)<br>High (+2.00D to +2.50D spectacle Rx add) |
| Material | stenfilcon A |
| Dk/t (at -3.00D) | 100 x $10^{-9}$ |
| Water Content | 54% |
| Visible Tint | Yes |
| FDA Class | Group 5 |
| UV Blocking* | 86% UVA/97% UVB |

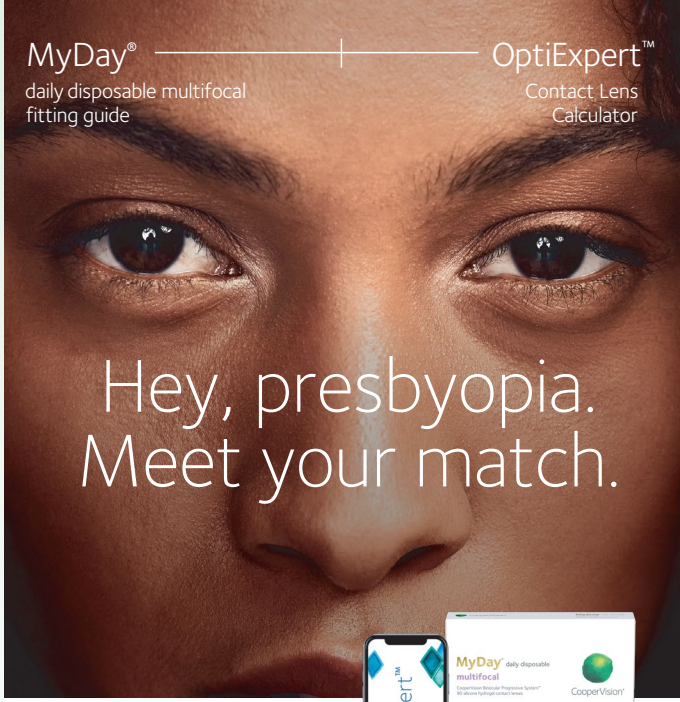


# Clinical Tips

- When determining spectacle Rx add, consider patient's main lifestyle vision needs (handheld device or other reading material, desktop computer, etc.).
- Prescribe maximum plus power for binocular distance vision; do not over minus.
- Use loose handheld lenses or flipper for over-refractions. Do not use a phoropter.
  - If distance vision needs to be enhanced, offer ±0.25D to the dominant eye. If distance vision improves, check that near vision is maintained. Adjust the lens sphere power as applicable for the dominant eye. DO NOT CHANGE ADD POWER.
  - If near vision needs to be enhanced, offer ±0.25D to the non-dominant eye. If near vision improves, check that distance vision is maintained. Adjust the lens sphere power as applicable for the non-dominant eye. DO NOT CHANGE ADD POWER.

MyDay®
daily disposable multifocal
fitting guide

OptiExpert™
Contact Lens
Calculator



# Hey, presbyopia. Meet your match.


CooperVision®

Featuring CooperVision® Binocular Progressive System™

# Initial Lens Selection

**Step 1** Using up-to-date spectacle prescription, determine spherical equivalent distance power (corrected for vertex distance).

**Step 2** Determine distance eye dominance with +1.00D blur method; if inconclusive, determine dominance with sighting method.

**Step 3** Select distance sphere power for each eye with add powers as indicated below.

**INITIAL CONTACT LENS SELECTION**

| Spectacle Rx Add | Dominant Eye | Non-Dominant Eye |
|---|---|---|
| +0.75D to +1.25D | LOW | LOW |
| +1.50D to +1.75D | | MED |
| +2.00D to +2.50D | | HIGH |

# Vision Assessment

- → Allow patient to experience lenses for 10 to 15 minutes in "real world" (outside exam room) before assessing vision.
- → Check patient's vision with both of their eyes open and ROOM LIGHTS ON.
- → Assess vision at different viewing distances.
  - For **distance vision**, assess in surrounding environment under normal lighting conditions.
  - For **near vision**, assess using handheld device or other reading material.
- → If acceptable, dispense trial lenses.
- → If not acceptable, follow the lens optimization steps described to the right.

# Lens Optimization

TIP

**Have patient keep both eyes open and use handheld lenses or a flipper; do not use a phoropter.**

| DISTANCE VISION ENHANCEMENT | |
|---|---|
| | For Dominant Eye |
| Adjustment Steps | ±0.25D |

| NEAR VISION ENHANCEMENT | |
|---|---|
| | For Non-Dominant Eye |
| Adjustment Steps | ±0.25D |

DO NOT CHANGE ADD POWER.